

Manna Freight Systems, Inc.

EMPLOYEE BENEFITS

- Health insurance, contact HR for details.
- Employer contribution to HSA for employee's participating in Manna's health insurance plan
- Voluntary Dental insurance.
- Employee Assistance Program (EAP), Life Works, gives employees access to a network of licensed counselors and therapists who provide confidential, professional assistance for employees and their families for a wide variety of job related issues. **For example, an EAP can help with:**
 - ❖ **Addiction and recovery**
 - ❖ **Emotional well-being issues.**
 - ❖ **Financial problems**
 - ❖ **Parenting and childcare**
 - ❖ **Elder care and senior issues**
 - ❖ **Education and schooling**
 - ❖ **Work-related issues**
 - ❖ **Personal legal matters.**
- **1-888-456-1324 or 952-883-7171, option 3**
- 401K Profit Sharing Plan upon completion of one year of service providing you meet the specified service requirements. For 2009, Manna, on a discretionary basis, will match each participating employee's contribution at a rate equal to 25% of the employee's contribution up to a maximum employee contribution of 6% per pay period.
- Flexible Spending for dependent care expenses.
- Voluntary Life insurance.
- Voluntary Long Term Disability insurance.
- Voluntary Short Term Disability insurance.
- Paid Vacation – up to 120 hours per year depending on years of service.
- Paid Personal Days – one week (40 hours) per year.
- 7 Paid Holidays per year.
- Flexible Work Schedules.
- Uniforms (Manna contributes 50% of employee order).
- Paid Funeral Leave.
- Direct deposit on paychecks.
- i-Pay Statements – access your paychecks on-line as well as W2 documents for current and previous years.
- Gift Certificates for employee or customer referrals.
- Gift Certificates for “A Job Well Done”.
- Casual Dress.
- Reimbursement for certain continuing professional education, including books, tuition and lab fees.
- Personal Shipping Program – utilization of Manna's shipping services at cost. (Ex: typical cost savings can be as much as 40% to 75% discount based on Federal Express published tariffs.)
- Free parking.
- Fun workplace.
- Clean, safe, non-smoking work environment.
- Opportunity for advancement.
- Social Security.
- Voluntary Pre-paid Legal & Identity theft program
- Anchor Bank – Employee Benefit Banking – see attached brochure for additional information.
- Voluntary Accident, Hospital, Intensive Care & Cancer Insurance through AFLAC

If you have any questions regarding any benefits listed, please contact Human Resources